

College Success Seminars Schedule and Descriptions – FALL 2009

Sponsored by Academic Support Centers (Educational Access Programs, Learning Assistance Programs & Disability Support Services, McNair Scholars and Student Support Services)

1) *Sense & Civility*

9/2/09 Program Lounge 12:00 – 1:00 PM

University Studies Objectives: 1, 2, 4, 7, 8, 9

This workshop is divided in to two sections – section one discusses the Code of Student Conduct, campus civility, classroom behavior, online interactions, and a Top-Ten List for staying out of the Office of Student Conduct. Section two discusses issues related to relationship violence, sexual misconduct, appropriate behavior with regard to dating relationships, and resources students may use if they or their friends find themselves in a situation where some type of sexual assault or misconduct has occurred. Real-life examples are provided to stimulate discussion with each of the topics.

2) *Understanding CL 001-004*

9/9/09 Program Lounge 12:00 – 1:00 PM

University Studies Objectives: 1,3,6,7

Addressing CL 001-004 and the benefits for students who utilize this service, this workshop will address the first step in connecting academics to career exploration while addressing cover letters, resumes, GreatHires.org, and finding available positions in their field of study.

3) *Mr. Ben Goes to College*

9/16/09 Program Lounge 12:00-1:00 PM

Universities Studies Objectives: 3, 4, 5, 7, 9

Addressing the transition experience, this workshop will identify available resources on campus, compare general high school curriculum to that of college, address diversity as it relates to college students, how to make intelligent decisions that have long lasting effects and lastly the responsibility and accountability that should exist while on a college campus.

4) *Financial Responsibilities While in College*

9/23/09 Program Lounge 12:00-1:00 PM

Universities Studies Objectives: 1, 3, 7, 9

This workshop will discuss the various financial responsibilities that a college student will face such: food, books, housing, entertainment as well as other expenses. This workshop will also address resources available to students to address financial aid and related questions.

5) *Making the Grade in College*

9/30/09 Program Lounge 12:00-1:00 PM

University Studies Objectives: 1, 2, 3, 7, 9

During this workshop students will be informed about how to improve and maintain their grades. This will involve discussing resources that many students use including tutoring, Open Lab assistance, Supplemental Instruction, the Math Lab, the Writing Center, and additional College Success Seminars.

6) *Balancing Life in the Residence Halls and Your Academics*

10/7/09 Program Lounge 12:00-1:00 PM

University Studies Objectives: 1, 2, 3, 4, 5, 6, 7, 8, 9

This workshop will address the necessity of finding a balance between living on campus and making sure that your academics are a main focus. Living on campus provides students with many opportunities and wonderful experiences, but as a student you want to avoid “experience overload”. This workshop will show you how not to overwhelm yourself while enjoying your college experience.

7) *Understanding Faculty Lecture*

10/21/09 Program Lounge 12:00-1:00 PM

University Studies Objectives: 1, 2, 3, 6, 8

During this workshop students will discuss how to comprehend what the instructor is saying and how to pick out what is important in a lecture. Students will better understand information that should be placed in their notes while understanding some of the common systems of note-taking (cluster note-taking, episodic note-taking, inference note-taking, and/or Cornell note-taking). In addition, this workshop will address the Top 10 Tips for Taking Excellent Lecture Notes taken from the Professors’ Guide to Getting Good Grades in College.

8) *Appreciating Diversity*

10/28/09 Program Lounge 12:00-1:00 PM

University Studies Objectives: 4, 5, 6

This workshop will address diversity as it relates to the campus experience for students attending Southeast. This workshop will focus on addressing what diversity means, how to take advantage of diversity within the college environment and how appreciating diversity can result in personal growth.

9) *Lincoln and Critical Thinking*

11/4/09 Program Lounge 12:00-1:00 PM

University Studies Objectives: 1, 2, 3, 4, 7

As a college student, one of the best transferable skills to have is that of critical thinking. The ability to think critically will transcend every job opportunity you will have in the future and can benefit you now as a college student. This workshop will discuss ways to improve questioning, probing, analyzing and evaluating skills. Critical Thinking is an essential tool of inquiry; this form of thinking is purposeful, self-regulatory, and inferential and can lead to new ways of approaching challenges.

10) *Academics with Pizzazz*

11/11/09 Program Lounge 12:00-1:00 PM

Universities Studies Objectives: 1, 2, 3, 7

This academic workshop will discuss how to “go the extra mile” while in college including study tips and recommendations, how to prepare for your classes, and 17 Strategies for Acing the Final taken from the Professors’ Guide to Getting Good Grades in College.